

## MEDICATION AND PRODUCTS TO BE AVOIDED PRIOR TO SURGERY

**\*\*Do not stop taking blood pressure, diabetic, or prescribed medications that are not blood thinners. You will be advised at your pre-op when to stop these medications prior to surgery. If you have any question as to whether it is safe to stop a medication, please check with the prescribing physician.**

Aspirin and other non-steroidal anti-inflammatory drugs (NSAID's), such as Motrin are strong anti-coagulants which can cause bleeding problems in normal individuals.

In addition to these Aspirin- like medications, Vitamins and many herbal supplements (such as Garlic, Ginkgo, Ginseng, Flaxseed, Ginger, Feverfew, Bilberry, Chamomile, Selenium) can cause bleeding or adverse physiologic effects during surgery.

If you are on a blood thinner or antiplatelet medication such as Eliquis, Coumadin (warfarin), Plavix (clopidogrel), Pletal (cilostazol)Pradaxa or Xarelto, **you must stop these medications prior to surgery.** Please follow the prescribing physician's recommendation for stopping the medications. Do not restart blood thinners until your physician advises.

Patients preparing for surgery must stop all sources of Aspirin, Aspirin like products, Vitamins and all Herbal Supplements or Diet Pills for 7 days prior to surgery and 5 days after surgery. Below are a **FEW OF MANY** Aspirin-like or Herbal Supplement products to be avoided **prior to surgery.**

Advil	Congesprin Chewable	Fish Oil	Nabumetone	Selenium
Aggrenox	Compounded Creams	Flaxseed	Nalfon	Sine – Aid
Aleve	Contact	Flurbiprofen	Naprelan	Sine – Off Sinus
Alka – Seltzers	Cope	Four Way Cold Tabs	Naprosyn	Sinutab
Anacin	Coricidin	Gaysal-S	Naproxen	SK – 65
Anaprox	Cosprin	Garlic (Allium Sativum)	Neocylate	Soma
Anadynos	Coumadin	Gelprin	Norgesic	Stanback
Ansaid	Damason P	Gemnisin	Novnaproxen	Stendin
APC	Darvon	Ginger	Novodipiradol	St. John's Wart
Argesic	Daypro	Ginkgo (Biloba)	Nuprin	St. Joseph Products
Arthropan	Diclofenac	Ginseng	Oraflex	Sulindac
Arthrotec	Diet Pills	Goody's	Orudis	Supac
Arthritis Pain Formula	Diffunisal	IBU	Oruvail	Synalgos – DC
ASA	Di – agesic	Ibuprofen	Oxaprozin	Talwin
Ascriptin	Dipridacot	Indocin	P – A – C	Ticlid
Asocdeen-30	Dupyridamole	Indomethacin	Pabalate – SF	Ticlopidine
Aspergum	Disalcid	Ketoprofen	Pabrin Buffered tabs	Tolectin
Aspirin	Dolobid	Ketorolac	Pamprin	Tolmetin
Atromid	Dolprn	Lanorinal	Panalgesic	Toradol
Axotal	Dong Quai Root	Lioresal	Pamate	Triaminicin
Azolid	Dristan	Lodine	Pepto Bismol	Trigesic
Bayer Products	Duoprin	Magan	Percodan	Trilisate
B.C. tablets & powder	Durgesic	Magsal	Persantine	Valdecocixb
Bextra	Durasal	Marnal	Persistin	Valerian
Bilberry	Easprin	Measurin	Phentermine	Vanquish
Bufferin Products	Echinacea	Meclotenamate	Plavix	Vitamins
Buffets II	Ecotrin	Meclomen	Pietal	Vivarin
Buffinol	Eliquis	Mefenamic	Piroxicam	Voltaren
Buf – tabs	Emagrin	Meloxicam	Ponstel	Warfarin
Butalbital	Empirazil	Mendomen	Relafen	Willow Bark
Butazolidin	Empirin with Codeine	Melomen	Rivaroxaban	Xarelto
Cama Products	Encaprin	Methcarbamol w/Aspirin	Robaxisal	Yohimbe
Carisoprodol	Ephedra (Ma – Huang)	Micrainin	Rufin	Zactrin
Cataflam	Equagesic	Midol	Ru - tess	Zomax
Celebrex	Etodolac	Mobic	S – A – C	Zorprin
Celecoxib	Etrafon	Mobidin	Salatin	
Chamomille	Excedrin	Mobigesic	Saletto	
Cheracol	Feldene	Momentum Backache	Salflex	
Cilostazol	Fenoprofen	Formula	Salicylamide	
Clinioril	Feverfew	Monacet with Codeine	Salocol	
Clopidogrel	Fiorinal	Motrin	Salsalate	

*If you must take something for headache, menstrual cramps, arthritis, or other aches and pains you may take Tylenol (acetaminophen)*