

## MEDICATION AND PRODUCTS TO BE AVOIDED PRIOR TO SURGERY

Aspirin and other non-steroidal anti-inflammatory drugs (NSAID's), such as Motrin are very strong anti-coagulants which can cause bleeding problems in normal individuals.

In addition to these Aspirin- like medications, Vitamins and many herbal supplements (such as Garlic, Ginkgo, Ginseng, Flaxseed, Ginger, Feverfew, Bilberry, Chamomile, Selenium) can cause bleeding or adverse physiologic effects during surgery.

If you are on a blood thinner or antiplatelet medication such as Coumadin (warfarin), Plavix (clopidogrel), Pletal (cilostazol)Pradaxa or Xarelto, YOU MUST STOP 7 DAYS PRIOR TO SURGERY. Do not restart blood thinners until your physician advises.

Patients preparing for surgery must stop all sources of Aspirin, Aspirin like products, Vitamins and all Herbal Supplements or Diet Pills for 10 days prior to surgery and 5 days after surgery. Below are a **FEW OF MANY** Aspirin-like or Herbal Supplement products to be avoided **prior to surgery**.

|                        |                         |                              |                     |
|------------------------|-------------------------|------------------------------|---------------------|
| Advil                  | Daypro                  | Lodine                       | Relafen             |
| Aggrenox               | Diclofenac              | Magan                        | Robaxisal           |
| Aleve                  | Diffunisal              | Magsal                       | Rufin               |
| Alka – Seltzers        | Di – agestic            | Marnal                       | Ru - tess           |
| Anacin                 | Dipridacot              | Measurin                     | S – A – C           |
| Anaprox                | Dupyridamole            | Meclotenamate                | Salatin             |
| Anadynos               | Disalcid                | Meclomen                     | Saletto             |
| Ansaid                 | Dolobid                 | Mefenamic                    | Salflex             |
| APC                    | Dolprn                  | Meloxicam                    | Salicylamide        |
| Argesic                | Dong Quai Root          | Mendomen                     | Salocol             |
| Arthropan              | Dristan                 | Melomen                      | Salsalate           |
| Arthrotec              | Duoprin                 | Methcarbamol w/<br>Aspirin   | Selenium            |
| Arthritis Pain Formula | Durgesic                | Micrainin                    | Sine – Aid          |
| ASA                    | Durasal                 | Midol                        | Sine – Off Sinus    |
| Ascriptin              | Easprin                 | Mobic                        | Sinutab             |
| Asocdeen-30            | Echinacea               | Mobidin                      | SK – 65             |
| Aspergum               | Ecotrin                 | Mobigesic                    | Soma                |
| Aspirin                | Emagrin                 | Momentum Backache<br>Formula | Stanback            |
| Atromid                | Empirazil               | Monacet with Codeine         | Stendin             |
| Axotal                 | Empirin with Codeine    | Motrin                       | St. John's Wart     |
| Azolid                 | Encaprin                | Nabumetone                   | St. Joseph Products |
| Bayer Products         | Ephedra (Ma – Huang)    | Nalfon                       | Sulindac            |
| B.C. tablets & powder  | Equagesic               | Naprelan                     | Supac               |
| Bextra                 | Etodolac                | Naprosyn                     | Synalgos – DC       |
| Bilberry               | Etrafon                 | Naproxen                     | Talwin              |
| Bufferin Products      | Excedrin                | Neocylate                    | Ticlid              |
| Buffets II             | Feldene                 | Norgesic                     | Ticlopidine         |
| Buffinol               | Fenoprofen              | Novnaproxen                  | Tolectin            |
| Buf – tabs             | Feverfew                | Novodipiradrol               | Tolmetin            |
| Butalbital             | Fiorinal                | Nuprin                       | Toradol             |
| Butazolidin            | Fish Oil                | Oraflex                      | Triaminicin         |
| Cama Products          | Flaxseed                | Orudis                       | Trigesic            |
| Carisoprodol           | Flurbiprofen            | Oruvail                      | Trilisate           |
| Cataflam               | Four Way Cold Tabs      | Oxaprozin                    | Valdecoxib          |
| Celebrex               | Gaysal-S                | P – A – C                    | Valerian            |
| Celecoxib              | Garlic (Allium Sativum) | Pabalate – SF                | Vanquish            |
| Chamomille             | Gelprin                 | Pabrin Buffered tabs         | Vitamins            |
| Cheracol               | Gemnisin                | Pamprin                      | Vivarin             |
| Cilostazol             | Ginger                  | Panalgesic                   | Voltaren            |
| Clinioril              | Ginkgo (Biloba)         | Pamate                       | Warfarin            |
| Clopidogrel            | Ginseng                 | Pepto Bismol                 | Willow Bark         |
| Congesprin Chewable    | Goody's                 | Percodan                     | Yohimbe             |
| Compounded Creams      | IBU                     | Persantine                   | Zactrin             |
| Contac                 | Ibuprofen               | Persistin                    | Zomax               |
| Cope                   | Indocin                 | Plavix                       | Zorprin             |
| Coricidin              | Indomethacin            | Pietal                       |                     |
| Cosprin                | Ketoprofen              | Piroxicam                    |                     |
| Coumadin               | Ketorolac               | Ponstel                      |                     |
| Damason P              | Lanorinal               |                              |                     |
| Darvon                 | Lioresal                |                              |                     |

*If you must take something for headache, menstrual cramps, arthritis, or other aches and pains you may take Tylenol (acetaminophen)*